



Please take the time to read the Parent Reference Guide
for the BMBA 2020 season :

Before leaving for the Ballpark

1. Fill in the parent and player waiver at :
<https://docs.google.com/forms/d/e/1FAIpQLSeda42y6am09iN0sAe-lpBiL-6COL4jFgNXSi8UymjC80EmAg/viewform>

It takes 30 seconds and it is required prior to participating.

2. **Self monitor:** First points in each checklist (Parent/Player). Do not come if any symptoms or situations excluding you from participating are present.

As you get to the Ballpark

1. All vehicles must use the main entrance (Richmond Ave East)
2. Do not arrive until 15 minutes prior to your session
3. On the first day, all vehicles will receive the Parent / Player checklist (see below)

Player:

<http://www.baseballmanitoba.ca/sites/default/files/inline-files/Player%27s%20Checklist%20-%20Training%20FINAL.pdf>



BASEBALL MANITOBA COVID-19 RETURN TO PLAY

PLAYER'S CHECKLIST: TRAINING

This checklist has been created to help you, as a player, stay within the guidelines of Baseball Manitoba's Return to Play for practices, tryouts, camps, clinics, and training sessions for 2020.

- Do not attend if you have any flu-like symptoms, coughing, sneezing, fever, etc.
- Do not attend if you have been in contact with anyone who is sick or not feeling well
- Social Distancing is always in effect.
- Practice physical distancing by staying a minimum of two (2) meters or 6 feet away from other people, if possible, except for brief exchanges. Key baseball training situations to avoid, include Catcher/Hitter, 1st base/runner, Tag plays/drills

WHAT **NOT** TO DO:

- No using saliva to moisten hands or fingers
- No sharing of water bottles
- No sharing of food of any kind
- No spitting
- No chewing gum
- No sunflower seeds
- No sharing of personal helmets
- No sharing of catcher's masks
- No sharing of any other equipment
- No sharing of personal items like sunglasses
- Offensive players never touch the baseball
- Do not shake hands or high five to celebrate, a tip of the cap will do
- Do not loiter in the parking lot before or after your session

WHAT YOU **NEED** TO DO:

- Follow all Signage instructions
- Always maintain Social Distancing, except for brief exchanges
- Limit the touching of your own face while in public
- Sanitize your hands before, after and during each training session
- Shower when you get home after each training session
- Wash your clothes and uniforms when you get home after each training session
- Follow all First Aid protocols and safeguards for any required treatment, including social distancing

Thank you for your dedication and cooperation. Have a great summer of baseball!

Parent:

<http://www.baseballmanitoba.ca/sites/default/files/inline-files/Parent%20and%20Spectator%20Checklist%20-%20Training%20FINAL.pdf>



BASEBALL MANITOBA COVID-19 RETURN TO PLAY

PARENT AND SPECTATOR CHECKLIST: TRAINING

PARENTS:

- Do not allow your player to participate if they have flu-like symptoms, or have been in contact with anyone who is sick or have travelled outside Manitoba in the past 14 days
- Respect the roles and adhere to the directions of the health and safety coordinator
- Read the Return to Play Document and remind players to adhere to the restrictions
- Do not send the player with sunflower seeds, gum, etc.
- Ensure player has their own equipment and water bottle
- Ensure player has sanitization supplies, as needed
- Ensure player understands how to Social Distance and Sanitize
- Ensure player has means of transportations - Ride sharing is discouraged

SPECTATORS:

- Follow all signage at the Ballpark
- Arrival and depart on time to avoid large group gatherings
- Always Social Distance (6ft)
- Sanitize your hands upon arrival to the Ballpark
- Assist to ensure that no more than 50 people attend each session. This may require people to be absent at the training session
- Respect benches and bleacher markings for Social Distancing (6 ft)
- Do not touch any maintenance or sport equipment
- Take your own garbage home with you

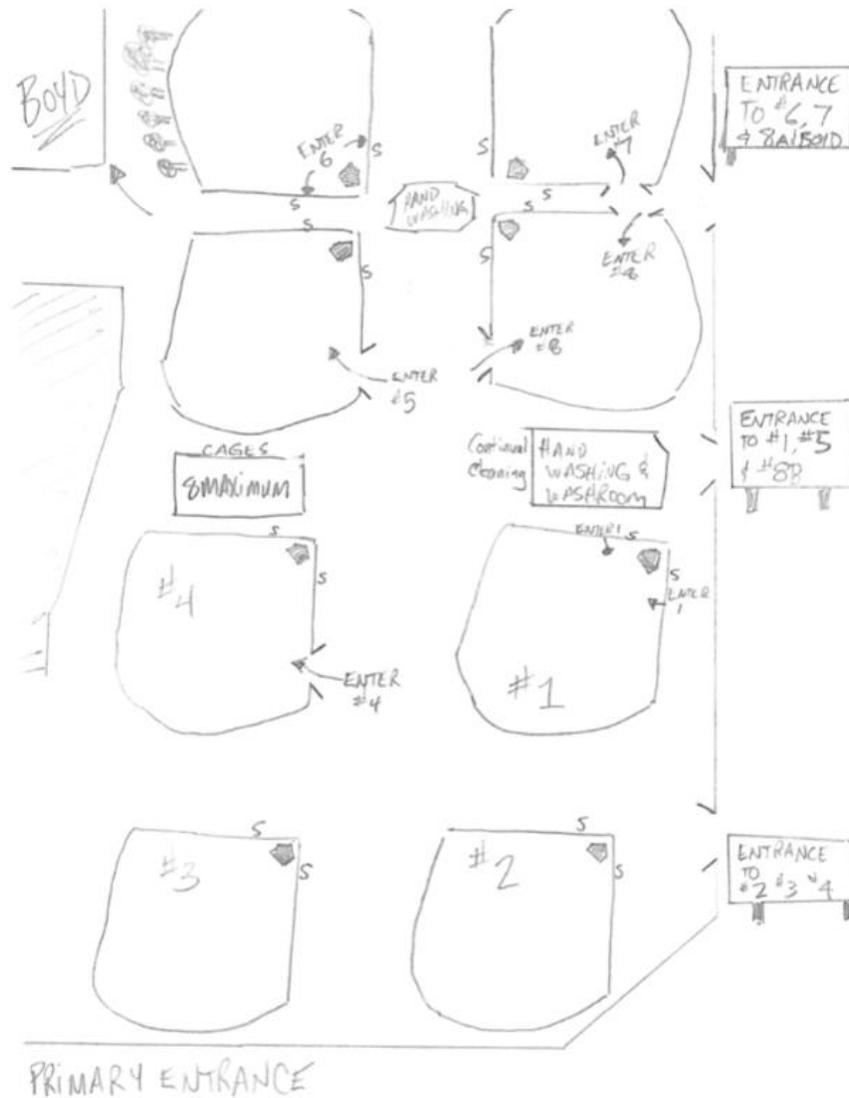
**Thank you for your dedication and cooperation.
Have a great summer of baseball!**

When entering the ballpark

Each diamond (D) has a specific entrance from the parking lot. Please adhere to these entries as to reduce the number of players using specific entrances (see hand drawn) map of park.

If your session is on :

- A. D2, D3 or D4 - use the south entrance outside of D2)
- B. D1, D5, D8 or batting cages - use the entrance at the Club house (enter D5 and D8) from the outfield fences
- C. D6, D8, D7 - use the entrance by the equipment shed at the North End



Social Distancing / Health & Safety Measures

1. There are hand sanitizing stations at each dugout.
2. Consider a personal sanitizer such as the one shown here



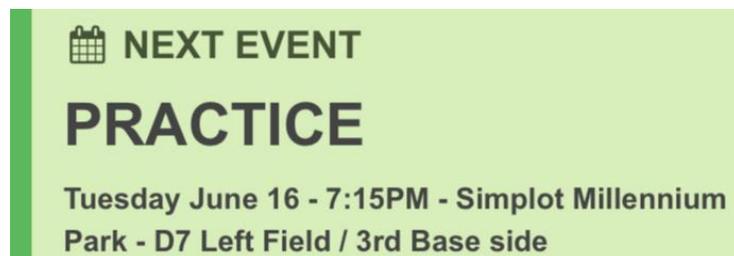
3. There is running water and soap in the canteen washrooms. This will serve as our handwashing stations. The washrooms will undergo a steady rotation of sanitizing by canteen personnel.
4. **WE ABSOLUTELY NEED ONE HEALTH AND SAFETY COORDINATOR PER TEAM IN ORDER TO HELP MONITOR SOCIAL DISTANCING. COACHES WILL COMMUNICATE THE NAMES OF THESE PERSONS TO brandonminorbaseball@gmail.com AND RESPECTIVE DIVISION CONVENORS AFTER THEIR FIRST SESSION. PLEASE CONSIDER HELPING IN KEEPING ALL OF US HEALTHY**

Duties of the Health and Safety Coordinator

<https://www.baseballmanitoba.ca/sites/default/files/inline-files/Health%20and%20Safety%20Coordinator%20Checklist%20-%20Training%20FINAL.pdf>

5. The equipment required to participate in practices will be set out by park staff as to ensure proper sanitization measures were followed.
6. There will be a sanitized bucket of balls set out on each diamond before each practice/game warmup. They will be removed and sanitized after each session. For evening sessions following late afternoon sessions, a new bucket of sanitized balls will be put out.
7. As all practices should be focused on conditioning, easing into throwing, fielding and reintroducing hitting, no catching equipment will be handed out in the first weeks. Catching equipment in 11u-18u will be distributed June 24/25th with specific instructions to be followed for it's use.
8. Jerseys can be picked up by coaches prior to your first practices. Convenors will facilitate this process. (Rally Caps jerseys arrive June 19th) Players must wash jerseys in between games and practices
9. Umpires will bring brand new game balls to each game and these will be added to the warm up ball bucket and sanitized.
10. As per Baseball MB guidelines: All Grand Slam and Rally Caps are able to share a diamond with another team. The schedule has designated each team a specific side of the diamond when arriving. They will share that diamond with the same team for a week. Please use the same side on Thursdays as you did on Tuesday. This will be the structure all summer long.

See example :

A green rectangular banner with a white calendar icon on the left. The text is in white and black. It reads: "NEXT EVENT" in white, "PRACTICE" in large white letters, and "Tuesday June 16 - 7:15PM - Simplot Millennium Park - D7 Left Field / 3rd Base side" in white.

 **NEXT EVENT**
PRACTICE
Tuesday June 16 - 7:15PM - Simplot Millennium
Park - D7 Left Field / 3rd Base side

11. For 7u, sanitized wiffle balls and tees will be setup in Right Field (1B) or Left Field (3B). The side without tees will be the throwing and fielding station (also Baserunning / game strategies - infield) *LF/RF station may vary

Dugouts

1. When all players arrive, select a section of fence and place your equipment in the middle. Older players 11u+ should place hang their stuff on the outside of the fence during games.

(See photos from the AAA Winnipeg South practice [Source Twitter](#), & Westman Magic practice [-Source Imperial Photo FB page](#))



2. Parents of children who decide to stay could sit behind the equipment in between their poles. In Rally Caps we strongly encourage parent participation. The inside of your fence, with your child's equipment would be your spot.

Practices

1. In older divisions, expect practices to look something like the following recommended practice plans from Baseball Manitoba

<http://www.baseballmanitoba.ca/sites/default/files/Baseball%20Manitoba%20Return%20to%20Play%20Example%20Practice%20Plan.pdf>

2. Rally Caps coaches will receive suggested practice plans for each week on the Monday night prior.

Canteen

1. Our canteen will be open (*Opening Day will either be Monday or Tuesday*). We are excited for our new operator who promises a vastly improved experience. In both food quality, selection and price.
2. The canteen will follow health recommendations for the handling of food and packaging. The canteen was inspected on Friday and is good to go!
3. The health inspector approved the use of garbage cans at the park. Please ensure that your recyclables, garbage and wrappers from canteen items end up in the garbage cans.

Dogs

As always, leashed pets are welcome at SMP. Clean up after your pet and feel free to use "Odie's Park" in between D7 and D6

Hopefully this quick reference guide to the upcoming season at the ballpark helps all of us in enjoying the season. We are so excited to provide a healthy and safe activity for the children of Brandon. If there are items requiring attention, your first contact should be to email brandonminorbaseball@gmail.com or contact our president Blake Stephens.